

Holy Family Primary

Emerton

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Term 2 Week 9

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As a community, we acknowledge the Traditional Custodians of this land, the Darug People, and pay respects to Elders past and present, for they hold the memories, the traditions, the cultures and hopes of Aboriginal Australia.

We must always remember that under our Holy Family gardens, paths and playgrounds, this land is, was and always will be traditional Aboriginal land

Message from the Principal

Greetings parents!

Last week our church marked Refugee Sunday. This is an important day and week as we focus on the plight of people who need to leave their homes and journey into an uncertain future because of oppression in their homeland. You would be aware that we are blessed to have in our community families who have been refugees, families who had to flee their homeland to ensure their safety and the safety of other members of their family. Our country is much richer because of the mix of people from all over the globe. Our country is much richer because the presence of refugees reminds us of how important our freedom is. I hope that all families feel accepted and have a strong sense of belonging in our community.

A Prayer for Refugees https://www.crs.org/resource-center/moment-grace-prayer-refugees

Half Yearly Reports

You will receive (probably Friday) Your child's half yearly report. As mentioned earlier this term this is a revised report. Schools from across the diocese are using a different report for this time of the year because of the changes that took place as a result of Remote Learning.

You will notice that we are only reporting on Religious Education, English and Mathematics. There is also a small section on learning attributes.

The scales for the subject areas are:

- · Working Above
- · Working at and
- · Working Towards.

The scales for the learning attributes are:

- · Satisfactory and
- · Needs Improvement

You will also receive a comments page with your child's report. I am inviting you to let us know if you have any questions about the report or the reporting format. The end of the year report will cover all subject areas.

There will be an opportunity next term for you to attend a student led conference. I will send you more details about this conference next term.

Jump Start

We are starting up the Jump Start programme again these holidays. The programme will be on Thursday the 16th of July and Friday the 17th of July. Notes have been sent home about this programme. Please let us know If you are interested in your child attending and didn't receive a note.

Staff Development Day

A note went out earlier this week about the staff development day on Monday July 20th. School will resume on Tuesday, July 21st. Please let me know if you have any questions about the staff development day.

Thank you for your support throughout this term. We have appreciated your cooperation with the revised drop off and afternoon dismissal arrangements.

Best wishes,

John Spradbrow



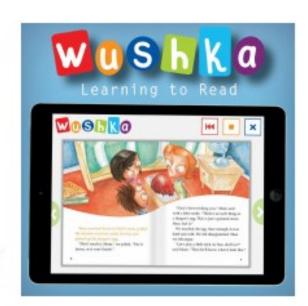


Dear Parents,

We are now using Wushka's cloud-based levelled reading program at school and would love you to continue reading with your child at home. The program encourages students to engage with fiction and non-fiction texts on interactive devices. All School Readers are levelled from Level 1 through to Level 31+ and have been developed using decades of educational publishing experience.

Recognising that the best outcomes are achieved when students continue reading at home, the Wushka School Readers are now available after school hours. The program is individually tailored by your child's classroom teacher and allows readers to be set for homework.

You will need your child's login details, which will have been given out in class. Please visit wushka.com.au to login to the program.



If you have any questions please speak to your child's classroom teacher or email the Wushka Team at support@wushka.com.au.

Happy reading!









Next Friday Mufti Day!

As part of year 6's fundraising efforts towards their end of year celebrations they will be holding a gold coin mufti day. All students will be able to wear their favourite sports jerseys or colours on the last day of school, Friday 3rd of July, celebrating our winter sports starting up again,

Thank You , The Year 6 Sports and Fundraising Team Akuot ,Ajok ,Mattilda ,Georgina ,Victoria and Telisha

Student Awards

Last week students from Holy Family received an award in week 8 for the responsible actions they have shown to students and teachers around the school (I am safe, I am a learner, and I am the face of Jesus) We would like to congratulate the people that have worked hard for these awards.

- (Kindergarten) Leonardo T. and Jonathan K.
- (Yr 1) Ocean R. and Tahlia P.
- (Yr 2) Malia I. and Eli D.
- (Yr 3) Michael A.
- (Yr 4) Jamila M. and Ethan B
- (Yr 5) Amira-Jordan M. and Zikryat B.

Congratulations to all students from kindergarten to Year 5!

Happy Holidays!

Media team (Lusia, Cynthia and Shianne)





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Holy Family Band

In Week 8, our Holy Family students have been recently going back to band with their own instruments due to Covid 19. Our grades from Year 4 all the way to Year 6 have been commendable with the music that was recently given to them by their Band teachers. The recent songs that the grades have been practicing are, We will Rock by Queen and Another One Bites the Dust and another one by Queen. They have been practicing this for the past few weeks.



Media Team (Lusia, Cynthia, Shianne)











Recipes of the Week

POACHED EGGS IN TOMATO SAUCE



Serves





Cost per serve

Total prep & cooking time





WHY WE LOVE THIS RECIPE

Packed full of protein, iron, and B-vitamins, thanks to the eggs and spinach!



FOOD WASTE TIP

Check eggs' freshness by placing them in cold water – if it floats don't eat it!

INGREDIENTS



2 tbsp. olive oil



1 onion, diced



2 cloves garlic, minced



6 eggs



2 capsicum, diced



2 tsp. turmeric & 2 tsp. paprika



1 tsp. dried mixed herbs



2 tins diced tomatoes



1 tsp. pepper, dash of salt



1 small bag of baby spinach, or 1 block frozen chopped spinach



To serve: Fresh parsley, chopped



To serve: Wholemeal bread or pita bread



STEPS



Heat the oil in a large, deep frypan on medium-high heat and add the diced onion.



Add capsicum, stir with a wooden spoon for 5 minutes or until it starts to soften.



Add garlic, dried mixed herbs, pepper, salt, turmeric and paprika, and stir well.



Add the tinned tomatoes, stir well and bring to the boil.



Add the spinach and stir regularly until spinach is soft and wilted.



Reduce heat to low. If the mixture looks dry during cooking, add a little water.



Make a gap in the sauce with a wooden spoon. Tip the egg into the gap. Repeat for all eggs.



Cover with the lid and simmer until eggs are cooked. Serve the eggs and sauce in a bowl with a sprinkle of parsley and a slice of wholemeal toast or pita bread.



Recipes of the Week

TUNA PITA POCKETS







Cost pe serve



Total prep & cooking time





WHY WE LOVE THIS RECIPE

Tuna is rich in vitamin C, zinc and manganese, which help strengthen the immune system.



FOOD WASTE TIP

Move food that needs to be used first to the front of the fridge.

INGREDIENTS



2 tbsp. olive oil



1 onion, finely diced



1 large tomato, chopped



1 carrot, grated



1 capsicum, chopped



1 x 425g tin tuna in springwater



½ cup green peas



1 tsp. curry powder



Pepper



4 wholemeal pitas, halved



1/2 cup low fat cheese, grated



STEPS



Place a large saucepan on a medium-high heat. Add the olive oil and add diced onion, cooking for 5 minutes.



Add the chopped tomato, carrot and capsicum and cook for 5 minutes or until capsicum and tomato have softened.



Add the tinned tuna, green peas, curry powder and pepper.



Stir to combine and cook for 5-10 minutes until all ingredients are cooked through.



Spoon the tuna mixture into halved pita pockets and top with a sprinke of cheese.



Your Challenge this Week...

When many Australians think about the term 'refugee', there is a sense that we are talking about 'Boat People'. This is due to the media coverage given to the arrival of people on our shores from the cheapest and most undetected form of transport available. The images we reflect on, and often come to know, are those not necessarily on boats, but those held up in accommodation that 'looks' somewhat satisfactory to the 'average' Australian, like that on Christmas Island or Nauru.





Christmas Island Detention Centre Nauru Detention Centre

Sadly, our concept of a refugee is somewhat distorted from actual reality. Within our community we have those that have been refugees, fleeing from oppression, tyranny, violence, unspeakable abuses, hatred and have the most frightening, yet awe inspiring stories.

Our Church calls us to a worldly view, transcending our shores in order to see each human being as unique, loved and globally responsible for every other person. What does that mean? Well, I suppose in my view it would call each one of us to care about someone we don't know.... Such an odd statement when we are consumed in a society of wanting more, and where material things are sold to us in the dream of making us happy. There is a reason why the IPhone and Ipad start with 'I'. I often wonder if the sales would be the same if they were called the UsPad or the WePhone, but I suspect 'it doesn't have the same ring'. In any case materialism and consumerism don't bring long-term joy and happiness, they actually perpetuate a feeling of needing more.

So in light of National Refugee Week I would like to put to you a small challenge, a challenge that was put to me last Sunday....

I challenge you to learn the story of one refugee person or family.

If you do, and you feel comfortable enough, could you please share this with me or possibly even someone else via a chat? Feel free to stop me at the gate or whenever you see me.

I'll leave you with the Gospel Acclamation from last Sunday: "The Spirit of Truth will bear witness to me, says the Lord, and you also will be my witnesses."

Kind Regards, Mr Ben Oxley Religious Coordinator



Artwork by Ugur Gallen 2018



A Prayer for Refugees

God of our Wandering Ancestors,

Long have we known
That your heart is with the refugee:
That you were born into time
In a family of refugees
Fleeing violence in their homeland,
Who then gathered up their hungry child
And fled into alien country.

Their cry, your cry, resounds through the ages: "Will you let me in?"

Give us hearts that break open

When our brothers and sisters turn to us with that same cry.

Then surely all these things will follow:

Ears will no longer turn deaf to their voices.

Eyes will see a moment for grace instead of a threat.

Tongues will not be silenced but will instead advocate.

And hands will reach out—
working for peace in their homeland, working for justice in the lands where they seek
safe haven.

Lord, protect all refugees in their travels.

May they find a friend in me

And so make me worthy

Of the refuge I have found in you.

AMEN

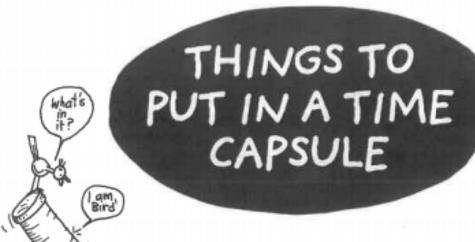
Source: https://www.crs.org/resource-center/moment-grace-prayer-refugees





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STUFF YOU WILL REMEMBER.



A time capsule is a sealed container full of stuff that will be buried and due up in maybe fifty years time.

What would you put in?

1	7
2	8
3	9
4	10
5	11

You could put in photos, toys, treasures, notes, writings, songs, drawings, things you've made, or something you will need in fifty years time.

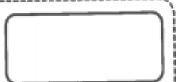
Ask your family what they would like to include.

5 Times Table Easy Learning



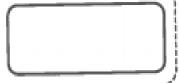


Does 5 x 2 = 10 mean the same as 5 times 2 makes 10? Answer YES or No.



There are 5 flowers on each branch. How many flowers?





How many lots of 3 balloons?













Count in 5s and fill in the empty boxes.

5 x 1	5 x 2	5 x 3	5 x 4	5 x 5	5 x 6	5 x 7	5 x 8	5 x 9	5 x 10
5	10								

7 x 5 =

		- 1

5 x 5 =



5 and 10 Times



Number in the 10 times table ends in 0. Which number is in the 10 times table?



There are 10 bags each containing 3 gems.

There are 30 gems altogether.



How many gems are there in 5 bags?

HINT: 5 is half of 10. So to find out how many gems in 5 bags, work out the half of 30.

Complete the number sentence to match the situation.

5 is half of 10. So the 5x table is half of the 10x table.





School Holidays

Term 2 finishes on Friday 3 July 2020

Term 3 begins on Tuesday 21 July 2020

